



PRO.M.I.S.

Programma Mattone Internazionale Salute

Web-Infoday

in collaboration with

CHAFAEA - Consumers, Health, Agriculture and Food Executive Agency and Ministry of health

Third Public Health Programme (2014-2020): Workplan 2020

18 June 2020

10.00 – 13.00

Presentation of European Project

YOUNG50 “Stay Healthy - Cardiovascular Risk Prevention”



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Project coordination team

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Veneto Region



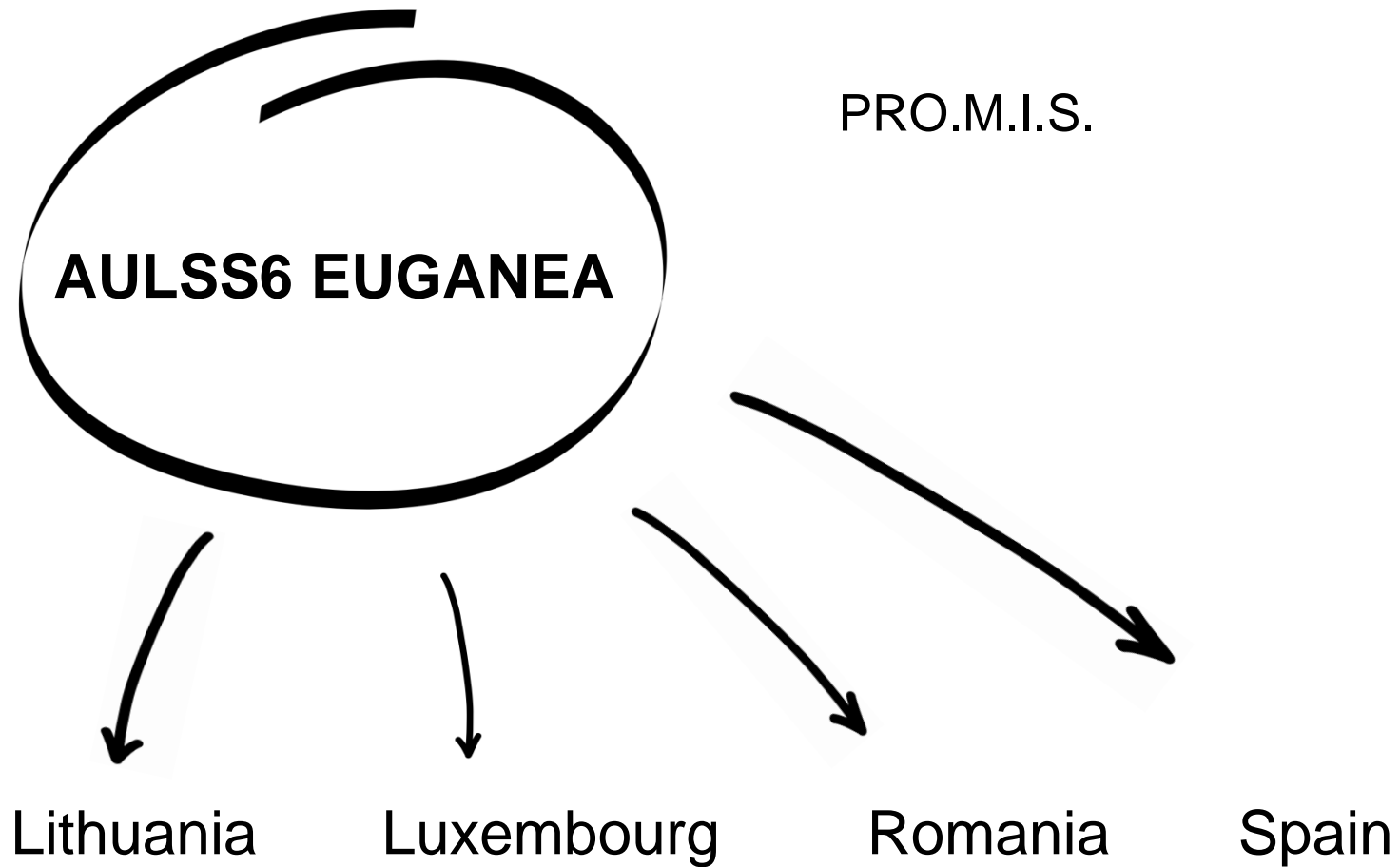
BACKGROUND

OBJECTIVES

ACTIVITIES

ADVICE FOR SUCCESSFUL PROJECTS

BACKGROUND



The EC identified the Italian cardiovascular screening programme **CARDIO50** as a **best practice** to be extended to other European countries, giving rise to YOUNG50.



About CARDIO50

- **target population: 50 year-olds**
- The individual screening session consists of:
 - **lifestyle survey,**
 - **anthropometric measurements**
 - **blood sugar, cholesterol, blood pressure tests;**
 - **motivational counselling** to promote empowerment;
 - data sharing with **GP.**

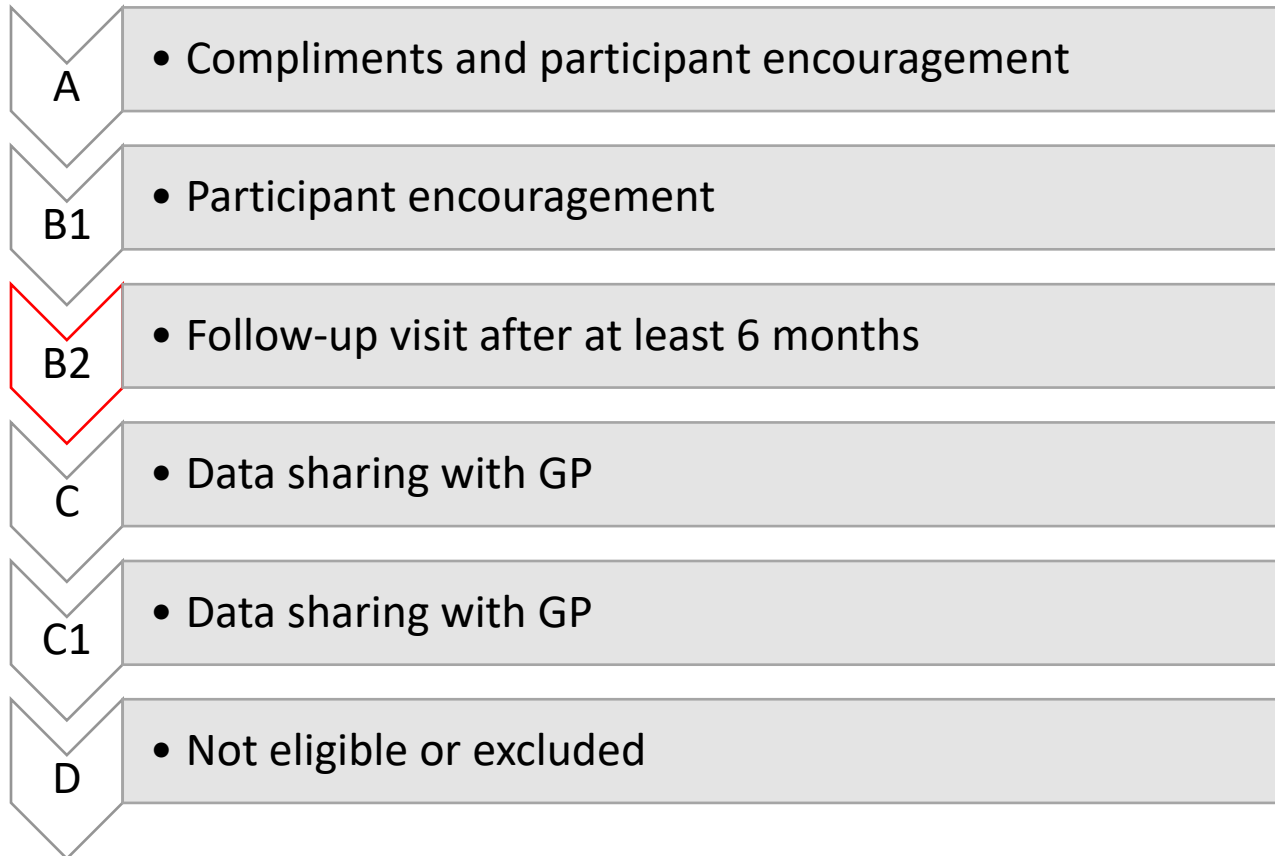




Lifestyle survey



CARDIO50 classification:



OBJECTIVES

The main objective is to **reduce mortality and morbidity from cardiovascular events.**

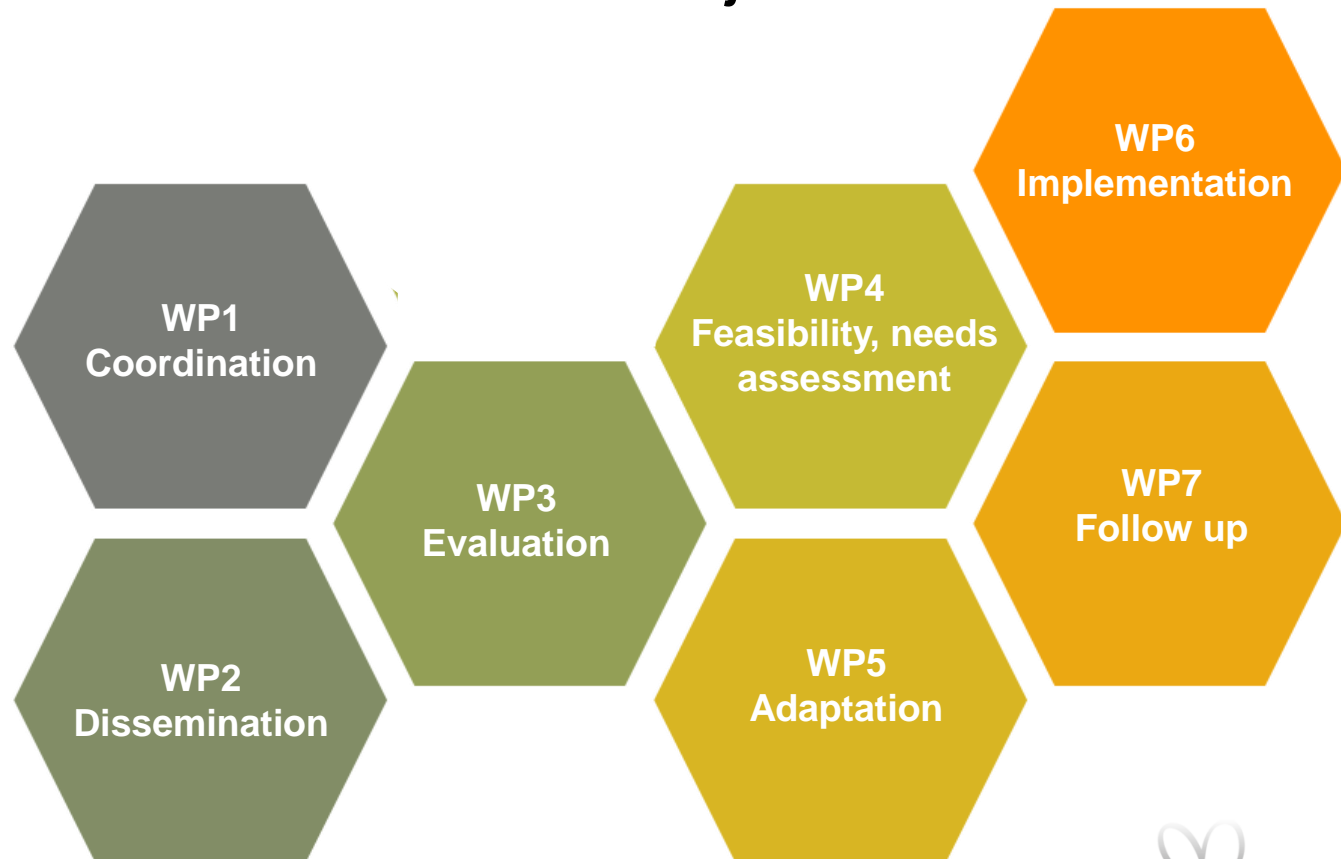
Outline specific objectives:

- **Adapt and export the Italian cardiovascular screening model;**
- **Fine tune the model through exchange and discussion with other MS;**
- **Curb cardiovascular risk factors.**



ACTIVITIES

Project has been divided into work packages to ensure achievement of set objectives:



ADVICE FOR SUCCESSFUL PROJECTS

- Development of a **work plan with clear deadlines** and built-in flexibility;
- Careful selection of **partners**;
- Meticulous **resource plan** taking account of unexpected events.



**Thank you
for your attention!**



www.young50.eu



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